PLANT FACT SHEET

Salvia rhytidea Benth.

GENUS *Salvia* **FAMILY** Lamiaceae

COMMON NAMES Persian sage

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten in salads and for flavouring.

DESCRIPTION

A herb that keeps growing from year to year.

HABITAT

It is a subtropical plant.

NOTES

It has anticancer properties.

REFERENCES

Sabbah, A., et al, 2024, Women's Knowledge of Local Plants and Their Gastronomic Heritage in Chitral, NW Pakistan. Plants 2024, 13, 2747

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9fd339d0-0a26-4f10-adf2-999b956e8d68