PLANT FACT SHEET

Pueraria edulis Pampanini

GENUS *Pueraria* **FAMILY** Fabaceae

COMMON NAMES Edible kudzu

EDIBLE PARTS AND USES

Edible parts: Roots, Tubers

Starch is made from the enlarged fleshy root and used to make noodles.

DESCRIPTION

A creeping bean herb that keeps growing from year to year. It has fleshy tuberous roots. The young branches are hairy. The leaves have 3 leaflets. The end one is diamond shaped and has 3 lobes. The side 2 leaflets are oblique. They are 8-15 cm long by 6-10 cm wide. The flowers are purple-red. They are 1.5 cm long. The pods are narrow and 6 cm long.

HABITAT

It is a tropical plant. In China it grows in forests between 1,000-3,200 m above sea level. In Sichuan and Yunnan.

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