PLANT FACT SHEET

Saussurea nuda Ledeb.

GENUS *Saussurea* **FAMILY** Asteraceae

COMMON NAMES Nutty saw-wort

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers

The leaves and young flower shoots are cooked in fish broth and eaten with seal oil and salt.

DESCRIPTION

A herb.

HABITAT

It is a cool temperate plant.

REFERENCES

Jernigan, K. (Ed.), 2012, A Guide to the Ethnobotany of the Yukon-Kuskokwim Region. Draft.

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a042b5e1-5e4b-4aa5-a761-f2191b8981dc