PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Rhododendron columbianum (Piper) Harmaja

GENUS *Rhododendron* **FAMILY** Ericaceae

COMMON NAMES Glandular Labrador-tea, Trapper's tea

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

The fresh or dried leaves can be used for tea.
The fresh leaves can be chewed.

DESCRIPTION

An evergreen rounded shrub. It grows 1-1.5 m high. The small branches are felted and have small glands. The leaves are oval or egg shaped. They have prominent veins. The leaves are dark green on the upper surface and scaly and with a whitish bloom underneath. The flowers are white and in clusters at the ends of branches.

HABITAT

It is a temperate plant. It grows in open woods in the Rocky Mountains. It is usually above 2,000 above sea level. It suits hardiness zones 2-8.

NOTES

There are 3 or 4 Ledum species. They grow in wet moorland in cool northern temperate regions.

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