PLANT FACT SHEET

Ensete glaucum var. wilsonii (Tutcher) Hakkinen

GENUS *Ensete* **FAMILY** Musaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Flowers, Stems

The fruit are eaten fresh.
The flowers are stems are boiled and eaten.

DESCRIPTION

A banana like plant. The false stem is 1.7 m tall and 38-45 cm across at the base. The leaf stalk is 60 cm long and has a deep channel. The leaf blade is 3.3-4 m long by 60-70 cm wide. The fruit are golden yellow and 3 sided. They are 9-11.5 cm long by 4 cm wide and pulpy. There are 20 black seeds.

HABITAT

It is a subtropical plant. In Yunnan.

REFERENCES

Cheng, Z., et al, 2022, Ethnobotanical study on wild edible plants used by Dulong people in northwestern Yunnan, China. Journal of Ethnobiology and Ethnomedicine (2022) 18:3 (As Ensete wilsonii)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a07b7ab9-65a2-49c8-a7fc-af01a70b1382