PLANT FACT SHEET

Arrowsmithia ericifolia (Forssk.) N.G.Bergh

GENUS *Arrowsmithia* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

DESCRIPTION

A herb.

HABITAT

It is a tropical plant. It grows in the desert or dry shrubland.

REFERENCES

Plowes, N. J. & Taylor, F. W., 1997, The Processing of Indigenous Fruits and other Wildfoods of Southern Africa. in Smartt, L. & Haq. (Eds) Domestication, Production and Utilization of New Crops. ICUC p 186 (As Antithrixia angustifolia)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a0a12f5b-0689-4501-bd95-a70e3cd76045