PLANT FACT SHEET

Campanula cochleariifolia Lam.

GENUS *Campanula* **FAMILY** Campanulaceae

COMMON NAMES Fairies' thimbles

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves

The leaves are eaten raw or cooked.
The flowers are eaten raw or cooked.

DESCRIPTION

A creeping herb with fleshy stems. It keeps growing from year to year. It grows 10 cm high and spreads 50 cm wide. The stems are creeping and underground. It forms a tight clump of small rounded leaves. The leaves are 2 cm across. The flowers are bell shaped. They are blue and hang from wiry stems.

HABITAT

It is a temperate plant. It grows in the European alps. It often grows in cracks in rocks. It needs light to medium humus-rich soils and a protected sunny position. It is resistant to frost but damaged by drought. It suits hardiness zones 6-9.

PRODUCTION

Cultivation

Plants can be grown from seed or by division.

NOTES

There are about 300 Campanula species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a0bc2a45-f437-4733-9469-0422bb04f6a3