PLANT FACT SHEET

Geum macrophyllum Willd.

GENUS *Geum* **FAMILY** Rosaceae

COMMON NAMES Large-leaved avens

EDIBLE PARTS AND USES

Edible parts: Root, Leaves

The root is used for making a chocolate like drink. They are also used as a seasoning.
The leaves are eaten.

DESCRIPTION

A herb that keeps growing from year to year. The flowers are erect and spreading. The petals are white and the sepals are green.

HABITAT

It is a temperate plant. It grows in open forest and moist meadows across Canada.

REFERENCES

MacKinnon, A., et al, 2009, Edible & Medicinal Plants of Canada. Lone Pine. p 325

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a0f5ae0b-eecf-4c48-9587-3b8a591cbd7a