PLANT FACT SHEET

Trapa bicornis var. cochinchinensis Osbeck, (Lour.) Gluck ex Steenis,

GENUS *Trapa* **FAMILY** Lythraceae

COMMON NAMES Krachab

EDIBLE PARTS AND USES

Edible parts: Fruit, Seeds

The fruit are eaten boiled.

DESCRIPTION

A floating herb with very stout stalks.

HABITAT

A tropical plant. It grows in ponds and lakes.

REFERENCES

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Wickens, G.E., 1995, Edible Nuts. FAO Non-wood forest products. FAO, Rome. p158

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a133665d-1dae-43fe-be3c-4919c0c977f0