PLANT FACT SHEET

Conioselinum anthriscoides (H. Boissieu) Pimenov & Kljuykov

GENUS *Conioselinum* **FAMILY** Apiaceae

COMMON NAMES Chinese lovage, Mountain coriander

EDIBLE PARTS AND USES

Edible parts: Seedlings, Leaves, Vegetable, Roots - tea

The young plants before flowering are gathered and cooked as a vegetable.
The roots are boiled in water.

DESCRIPTION

An erect herb. It keeps growing from year to year. It has an aroma. It grows 1-1.5 m high. It has a thick, short underground stem. This is 3-8 cm long and 1-2 cm wide. The stems have internodes 5-23 cm long. The leaves have 3 leaflets along the stalk. The leaves near the base are in rings. The leaves on the stem are alternate. They are triangle shaped and 8-15 cm long. There are a few teeth. The flowers are small and white. They are in compound groups in the axils of leaves or at the ends of branches.

HABITAT

It is a temperate plant. In China it is cultivated in Huang He between 500-2,700 m altitude. In Sichuan and Yunnan.

NOTES

It is also used in medicine.

REFERENCES

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