PLANT FACT SHEET

Cimicifuga racemosa (L.) Nutt.

GENUS *Cimicifuga* **FAMILY** Ranunculaceae

COMMON NAMES Black cohosh, Black snakeroot

EDIBLE PARTS AND USES

Edible parts: Leaves

CAUTION:

DESCRIPTION

A perennial plant. It grows 3 m high and 2 m wide. At the base are deeply cut leaves. The stem is branching. The flowers are at the top of the stem as slender white bottlebrushes.

HABITAT

It is a temperate plant. It is best in light to medium, well-drained soils. It needs an open sunny position.

PRODUCTION

Cultivation

Plants can be grown from seeds or by root division.

NOTES

There are about 18 Cimicifuga species.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a1812c69-75eb-4b38-92e3-cfac964bc540