PLANT FACT SHEET

Pinanga negrosensis Becc.

GENUS *Pinanga* **FAMILY** Arecaceae

COMMON NAMES Negros abiki

EDIBLE PARTS AND USES

Edible parts: Cabbage, Palm heart

The bud is cooked and eaten.

DESCRIPTION

A small and slender palm. It forms clumps. It grows 8 cm tall. The trunk is 7 cm across. The crown-shaft is pale green. The leaves have numerous segments and are curved at their tip. They are at an equal distance, rigid, narrow and very long and tapering. They are 1- or 2-ribbed. The leaves are 2 m long. The flower arrangement is a flower spike arranged along a central axis with several branches in a spiral. The branches hang down. The fruit are in 3 layers in the lower part of the branches. They are 12 mm long and ripen from yellow to red. The seeds have a tail at the base.

HABITAT

A tropical plant. They are found in damp forested valleys at altitudes of about 900 m. They occur only in Negros in the Philippines.

PICTURES



Credit: Food Plants International (Bruce French)

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PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a18bac02-7a82-4539-a964-4deab1d92893