PLANT FACT SHEET

Orchis purpurea Huds.

GENUS *Orchis* **FAMILY** Orchidaceae

COMMON NAMES Lady orchid

EDIBLE PARTS AND USES

Edible parts: Bulb

The bulb or tuber is used to produce sahlep - a hot drink with milk.

DESCRIPTION

An orchid. It grows 30-60 cm tall. The leaves are broad and oblong. They are bright green and can be 15 cm long. The flowering shoots are densely covered with up to 50 flowers.

HABITAT

It is a temperate plant. It grows from sea level to 1,350 m above sea level.

REFERENCES

Dogan, Y., et al, 2004, The Use of Wild Edible Plants in Western and Central Anatolia (Turkey). Economic Botany 58(4) pp. 684-690

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a18d8ce0-7e57-4a30-a68a-c5862a30da03