PLANT FACT SHEET

Malva cachemiriana (Cambess.) Alef.

GENUS *Malva* **FAMILY** Malvaceae

COMMON NAMES Lavatera, Kashmir Tree Mallow, Xin jiang hua kui

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked.

DESCRIPTION

A herb. It keeps growing from year to year. It is 1-2 m high and spreads 60 cm wide. The leaf stalk is 1-4 cm long. The leaf blade can have 2 forms. The leaves near the base are nearly round while the leaves near the top are 3-5 lobed. Leaves are 4-8 cm long and 5-9 cm across. The lobes are triangular. The flowers are reddish purple. They are about 8 cm across.

HABITAT

It is a temperate plant. It grows in wet meadows or sunny sloped between 540-2200 m in SW China. It suits hardiness zones 6-10.

NOTES

There are about 25 Lavatera species.

REFERENCES

Cundall, P., (ed.), 2004, Gardening Australia: flora: the gardener's bible. ABC Books. p 803 (As Lavatera cachemiriana)

Hibbert, M., 2002, The Aussie Plant Finder 2002, Florilegium. p 180 (As Lavatera cachemiriana)

Ijaz, S., et al, 2022, Traditional knowledge of wild edible plants used by the people of Lawat, District Neelum, Azad Jammu & Kashmir, Pakistan. Ethnobotany Research and Applications 23:24 (As Lavatera cachemiriana)

V. Jacquemont, Voy. Inde 4(Bot.):29. 1835-1844 (As Lavatera cachemiriana)

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/ (As Lavatera cachemiriana)

Tang ya, Malvaceae. Flora of China. p (As Lavatera cachemiriana)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a1b875a7-0f59-4ac8-9735-86274319d8f2