PLANT FACT SHEET

Alternanthera pulchella Kunth

GENUS *Alternanthera* **FAMILY** Amaranthaceae

COMMON NAMES Pink cress

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The young leaves are added to salads.
They can be boiled and used as a pot herb. They are eaten with fish or meat dishes.

DESCRIPTION

A slender herb. It can be erect or lie over. It has many branches. It is almost without hairs. The stems are reddish and 20-60 cm long. The leaves are broadly oval or spoon shaped. They have a long leaf stalk. The leaf blades are 1-6 cm long. They are green, red or purplish. The flower heads are in the axils of leaves. They occur singly without stalks and are oval. They are 5-8 mm long. They are slightly hairy.

HABITAT

A tropical plant.

NOTES

There are 200 Alternanthera species. It is often grown as an ornamental plant.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a1c97256-a995-424b-8cec-0f37393f6fd7