PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Clematis recta L.

GENUS *Clematis* **FAMILY** Ranunculaceae

COMMON NAMES Upright Virgin's bower

EDIBLE PARTS AND USES

Edible parts: Leaves

CAUTION: Most Clematis contain an irritant poison.

DESCRIPTION

An erect plant. It keeps growing from year to year. It grows 0.9-1.5 m tall and spreads 0.9-1.2 m wide. The stems have lines along them. The leaves are large. The leaves have leaflets along the stalk. There are 5-7 leaflets. These are blue-green and pointed. The flowers are small and white. They are in large panicles. The fruit are dark brown and round. The seeds are compressed with long yellowish tails.

HABITAT

It is a temperate plant. It grows in scrub and on rocky ground. It does best in moist, rich soil. It needs a protected and partly shaded position. It is sensitive to frost and drought. It suits hardiness zones 3-9.

PRODUCTION

Cultivation

It can be grown from seed or cuttings.

NOTES

There are about 250 Clematis species.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a1d668b7-956b-46e9-9604-53ac120a124d