PLANT FACT SHEET

Caralluma edulis (Edgew.) Benth. ex Hook. f.

GENUS *Caralluma* **FAMILY** Apocynaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable, Stems

It is cooked and used as a vegetable. It is also eaten raw.
The succulent stem and flower is edible.

DESCRIPTION

An erect succulent herb. It grows 14-45 cm tall. The branches have 4 grooves. The leaves are opposite and simple. The leaves are 6-13 mm long and narrow. The flowers are in pairs in the axils of scale like bracts. The fruit are dry and have many seeds. They are 9-11 cm long.

HABITAT

It is a subtropical plant. It can grow in arid places. It grows from sea level to 1,300 m above sea level.

NOTES

There are about 56-100 Caralluma species. These are sometimes put in the Asclepiadaceae.

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