PLANT FACT SHEET

Phlogacanthus tubiflorus Nees

GENUS *Phlogacanthus* **FAMILY** Acanthaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers

The flowers are cooked with meat.
The flowers are also fried as a vegetable.

DESCRIPTION

A small shrub. It grows 304 m tall. The leaves are 25 cm long by 8-14 cm wide. They are wavy along the edge. They are hairy underneath. The flower groups are 5-20 cm across. They are yellow to red. The fruit are capsules with 12 seeds.

HABITAT

It is a subtropical plant.

PRODUCTION

Cultivation

Plants can be grown from seeds.

NOTES

It is used in medicine.

REFERENCES

Angami, A., et al, 2006, Status and potential of wild edible plants of Arunachal Pradesh. Indian Journal of Traditional Knowledge 5(4) October 2006, pp 541-550

Dutta, B., et al, 2016, Diversity and Ethnobotany of the Genus Phlogacanthus Nees in Assam, India. Int. J. Life. Sci. Scienti. Res., 2(4):472-477

Ethnobotany of Karbis. Chapter 4 in p 99

Kar, A., & Borthakur, S. K., 2008, Wild vegetables of Karbi - Anglong district, Assam, Natural Product Radiance, Vol. 7(5), pp 448-460

Kar, A., et al, 2013, Wild Edible Plant Resources used by the Mizos of Mizoram, India. Kathmandu University Journal of Science, Engineering and Technology. Vol. 9, No. 1, July, 2013, 106-126

Medhi, P. & Borthakur, S. K., 2012, Phytoresources from North Cachur Hills of Assam -3: Edible plants sold at Hflong market. Indian Journal or Natural Products and Resources. 3(1) pp 84-109

Medhi, P. & Borthakur, S. K., 2013, Wild edible plants sold by the Zeme Nagas at the makeshift market of Mahur, Dima Hasao district of Assam. Pleione 7(1): 84 - 93. 2013

Medhi, P., Sarma, A and Borthakur, S. K., 2014, Wild edible plants from the Dima Hasao district of Assam, India. Pleione 8(1): 133-148

Sarma, H., et al, 2010, Updated Estimates of Wild Edible and Threatened Plants of Assam: A Meta-analysis. International Journal of Botany 6(4): 414-423

Srivastava, R. C., 2010, Traditional knowledge of Nyishi (Daffla) tribe of Arunachal Pradesh. Indian Journal of Traditional Knowledge. 9(1):26-37

Teron, R. & Borthakur, S. K., 2016, Edible Medicines: An Exploration of Medicinal Plants in Dietary Practices of Karbi Tribal Population of Assam, Northeast India. In Mondal, N. & Sen, J.(Ed.) Nutrition and Health among tribal populations of India. p 148

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a1f1fb90-7d41-450d-915d-fbce61ebbee3