PLANT FACT SHEET

Cochlospermum planchonii Hook. f. ex Planch.

GENUS *Cochlospermum* **FAMILY** Bixaceae

EDIBLE PARTS AND USES

Edible parts: Root, Fruit

The roots are eaten and added to soups. They are used for colouring and dairy-like preparations. It is a substitute for oil.

DESCRIPTION

A small shrub. It can grow 2.5 m high.

HABITAT

A tropical plant. It grows in wooded grassland and savannah. It can grow in arid places.

NOTES

There are about 20 Cochlospermum species.
Also put in the family Cochlospermaceae.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a21e00f8-cd8c-48a5-8991-b478055a34b5