PLANT FACT SHEET

Zingiber orbiculatum S. Q. Tong

GENUS *Zingiber* **FAMILY** Zingiberaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The leaves are cooked and eaten as a vegetable.

DESCRIPTION

A ginger herb. The false stem is about 2-3 m tall. The leaves are narrowly oval and 45-60 cm long by 7-9 cm wide. There are red dots at the sides. The flowering shoot arises from the rhizome. It is oval and 5-8 cm long by 4-5 cm wide. The flowers are white with red tips.

HABITAT

It is a tropical plant. It grows in forests at about 600 m above sea level in southern China. In Yunnan.

REFERENCES

Cao, Y., et al, 2020, Ethnobotanical study on wild edible plants used by three trans-boundary ethnic groups in Jiangcheng County, Pu'er, Southwest China. Journal of Ethnobiology and Ethnomedicine (2020) 16:66

Xu, You-Kai, et al, 2004, Wild Vegetable Resources and Market Survey in Xishuangbanna, Southwest China. Economic Botany. 58(4): 647-667.

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