PLANT FACT SHEET

Triticum turgidum subsp. polonicum (L.) Thell.

GENUS *Triticum* **FAMILY** Poaceae

COMMON NAMES Polish wheat, Rice-head wheat, Xinjiang rice wheat

EDIBLE PARTS AND USES

Edible parts: Seeds, Cereal

The grain is ground into flour for use in macaroni. It is not suitable for bread.

DESCRIPTION

A grass. It grows each year from seed.

HABITAT

It is a temperate or Mediterranean climate plant.

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