PLANT FACT SHEET

Clinostigma carolinense (Becc.) H. E. Moore & Fosberg

GENUS *Clinostigma* **FAMILY** Arecaceae

EDIBLE PARTS AND USES

Edible parts: Palm heart

Although the palm hearts are edible, this would kill the palm.

DESCRIPTION

A palm. The leaflets are along the stalk.

HABITAT

It is a tropical plant. It grows in wet mountain forests on higher volcanic islands. It suits the wet tropics.

REFERENCES

Costion, C. M. & Lorence, D. H., 2012, The Endemic Plants of Micronesia: A Geographical Checklist and Commentary. Micronesica 43(1): 51 – 100, 2012

www.manoa.hawaii.edu/botany/plants of micronesia

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a24e3493-b3ca-4ee1-bc70-2df898596ab3