PLANT FACT SHEET

Cardamine bonariensis Juss. ex Pers.

GENUS *Cardamine* **FAMILY** Brassicaceae

COMMON NAMES Berro

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are added to salads.

DESCRIPTION

A cabbage family herb. It keeps growing from year to year. It grows 7-35 cm tall. The leaves are 2-8 cm long. The fruit are 2-3 cm long and 1 mm wide.

HABITAT

It is a tropical plant. In Argentina it grows from sea level to 4,500 m above sea level.

NOTES

There are about 160 Cardamine species. They are mostly in damp places in temperate regions. All bittercresses are edible.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a24ff5eb-15eb-45bc-987e-deb8f143072f