PLANT FACT SHEET

Stachys heraclea All.

GENUS *Stachys* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

DESCRIPTION

A herb. It grows 20-60 cm tll.

HABITAT

It is a Mediterranean plant.

REFERENCES

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 633

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a26f7090-c56d-4bfd-9049-681de87978df