PLANT FACT SHEET

Suaeda fruticosa (L.) Forssk. ex J.F.Gmel

GENUS *Suaeda* **FAMILY** Amaranthaceae

COMMON NAMES Shrubby seablite

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds

The tender leaves and shoots are eaten.

DESCRIPTION

A herb or small shrub. It grows 1.6 m high. It has many branches. It spreads to 30-60 cm across. The leaves are alternate. They are scattered and narrow. The leaves are 6-8 mm long.

HABITAT

It is a Mediterranean climate plant. It grows on salt land. In Argentina it grows below 500 m above sea level.

NOTES

Also put in the family Chenopodiaceae.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a27f767c-e0ee-49df-8b0c-bc8df6ae39e6