PLANT FACT SHEET

Carlina curetum Heldr. ex Hal.

GENUS *Carlina* **FAMILY** Asteraceae

COMMON NAMES Carline thistle

EDIBLE PARTS AND USES

Edible parts: Stems

The young stems are eaten raw after removing the leaves.

DESCRIPTION

A herb. It is a thistle.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Al-Eiswi, D. M. & Takruri, H. R., 1989, A Checklist of Wild Edible Plants in Jordan. Arab Gulf J. Scient. Res. Agric. Biol. Sci., B7 (1), p. 79-102

Al-Qura'n, S. A., 2010, Ethnobotanical and Ecological Studies of Wild Edible Plants in Jordan. Libyan Agriculture Research Center Journal International 1(4):231-243

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a2908db0-42f2-43e6-92bf-70c0801e7b53