PLANT FACT SHEET

Euchiton japonicus (Thunb.) Holub.

GENUS *Euchiton* **FAMILY** Asteraceae

COMMON NAMES Everlasting flower

EDIBLE PARTS AND USES

Edible parts: Leaves, Shoots, Flowers

DESCRIPTION

A herb. It keeps growing from year to year. It has creeping rhizomes. It grows 5-25 cm tall. The leaves are mostly near the root. They are in rings. They are 2-3 cm long by 2-4 mm wide. The flowering stems are tufted.

HABITAT

It is a subtropical plant. It grows in waste fields between 200-1,800 m above sea level. In Sichuan and Yunnan.

NOTES

There are about 200 Gnaphalium species.

REFERENCES

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Hwang, H., et al, 2013, A Study on the Flora of 15 Islands in the Western Sea of Jeollanamdo Province, Korea. Journal of Asia-Pacific Biodiversity Vol. 6, No. 2 281-310 (As Gnaphalium japonicum)

Liu, Yi-tao, & Long, Chun-Lin, 2002, Studies on Edible Flowers Consumed by Ethnic Groups in Yunnan. Acta Botanica Yunnanica. 24(1):41-56 (As Gnaphalium japonicum)

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/ (As Gnaphalium japonicum)

READ (As Gnaphalium japonicum)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a296aaae-2f8a-453f-aedd-6fc4d579f469