PLANT FACT SHEET

Bellis sylvestris Cirillo

GENUS *Bellis* **FAMILY** Asteraceae

COMMON NAMES Southern daisy

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are eaten in salads. They are also boiled.

DESCRIPTION

A herb.

HABITAT

It is a temperate to Mediterranean climate plant.

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Pasta, S., et al, 2020, An Updated Checklist of the Sicilian Native Edible Plants: Preserving the Traditional Ecological Knowledge of Century-Old Agro-Pastoral Landscapes. Frontiers in Plant Science. Volume 11|Article 388

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a2a84ca7-ddf7-4743-a6a4-cecb4b2f493a