PLANT FACT SHEET

Caryota monostachya Beccari

GENUS *Caryota* **FAMILY** Arecaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit are eaten raw and also boiled and eaten.

DESCRIPTION

A palm tree. The stems are in small clusters. They grow 3 m tall. They are 2-4 cm across. The leaves are almost all along the stem. The leaf stalks are 80-150 cm long with leafy shoots 1-2.5 m long. These have 4-9 leaflets on each side. There are also secondary leaflets. The fruit are round and brownish purple. They are 3.5 cm across.

HABITAT

It is a tropical plant. It grows in lowland rain forests often on limestone soils below 1,400 m above sea level. It grows in Yunnan in China.

REFERENCES

Ghorbani, A., et al, 2012, A comparison of the wild food plant use knowledge of ethnic minorities in Naban River Watershed Nature Reserve, Yunnan, SW China. Journal of Ethnobiology and Ethnomedicine; 8:17

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a2aad788-5efb-4414-89e9-743f449dcd5d