PLANT FACT SHEET

Bolboschoenus fluviatilis (Torr.) Sojak

GENUS *Bolboschoenus* **FAMILY** Cyperaceae

COMMON NAMES Marsh club rush, Kukuraho, Purua grass, River bulrush

EDIBLE PARTS AND USES

Edible parts: Tuber, Root, Stems

The underground tubers are eaten.

DESCRIPTION

A sedge or rush which keeps growing from year to year. It has a thick underground stem or rhizome. These grow in clumps and have grass like leaves and solid stalks. It is creeping and forms tubers. The leaves are long and tapering. They are 30-50 cm long and 4-15 mm wide at the base. The stem is 3 sided. It is 1-1.5 m tall. It has leaves along its length. The flowering head is open and has leaf like bracts underneath it. These are longer than the flowering head. The spikelets have many flowers. They are oval and 2.5 cm long. The flower has 6-9 rays with the outer ones larger and getting smaller towards the centre. The flowers contain both sexes. The nut is 3 sided and 4 mm long.

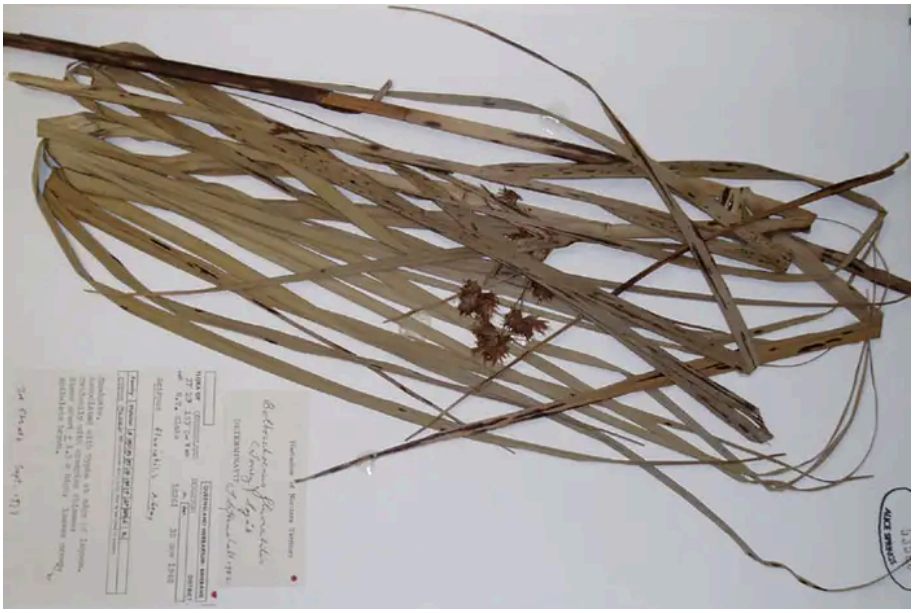
HABITAT

Mostly temperate. It grows in shallow water along creeks. It can grow away from water in high rainfall areas. It does not spread into deep water.

NOTES

There are about 16 Bolboschoenus species. The Cyperaceae or sedges are rush or grass like herbs. They grow in moist places.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a2dd1abb-3929-49a5-b44f-26fc38082e4b