PLANT FACT SHEET

Lavandula pedunculata (Mill.) Cav.

GENUS *Lavandula* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves - condiment, Spice, Flowers - condiment

The flowering aerial parts are used as a flavouring for meat dishes.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean plant.

REFERENCES

Gonzalez, J. A., et al, 2011, The consumption of wild and semi-domesticated edible plants in the Arribes del Duero (Salamanca-Zamora, Spain): an ananalysis of traditional knowledge. Genetic Resources and Crop Evolution 58:991-1006

Motti, R., et al, 2022, Edible Flowers Used in Some Countries of the Mediterranean Basin: An Ethnobotanical Overview. Plants. 2022, 11, 3272

Rivera, D., et al, 2007, Gathered Food Plants in the Mountains of Castilla–La Mancha (Spain): Ethnobotany and Multivariate Analysis. Economic Botany, 61(3), (As Lavandula stoechas subsp. pedunculata)

Tardio, J., et al, Ethnobotanical review of wild edible plants in Spain. Botanical J. Linnean Soc. 152 (2006), 27-71

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a2ebd646-1f8e-4ec4-9341-efd8201a36a6