PLANT FACT SHEET

Atriplex prostrata Boucher ex DC.

GENUS *Atriplex* **FAMILY** Amaranthaceae

COMMON NAMES Spear-leaved orache

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds

The leaves are used in pies and pickles. They are also used in stews.

DESCRIPTION

An annual herb reaching 1 m high. The stems trail near the ground. The leaves are alternate. They have leaf stalks. The leaf blade is 5-8 cm long. It has teeth along the edge. The leaves are mealy grey-green. The seeding spikes are wiry.

HABITAT

It is a temperate and Mediterranean climate plant. It grows in valley moist meadows, roadsides. It grows by the sea on salty soils. In Argentina it grows from sea level to 500 m above sea level. Tasmania Herbarium.

PRODUCTION

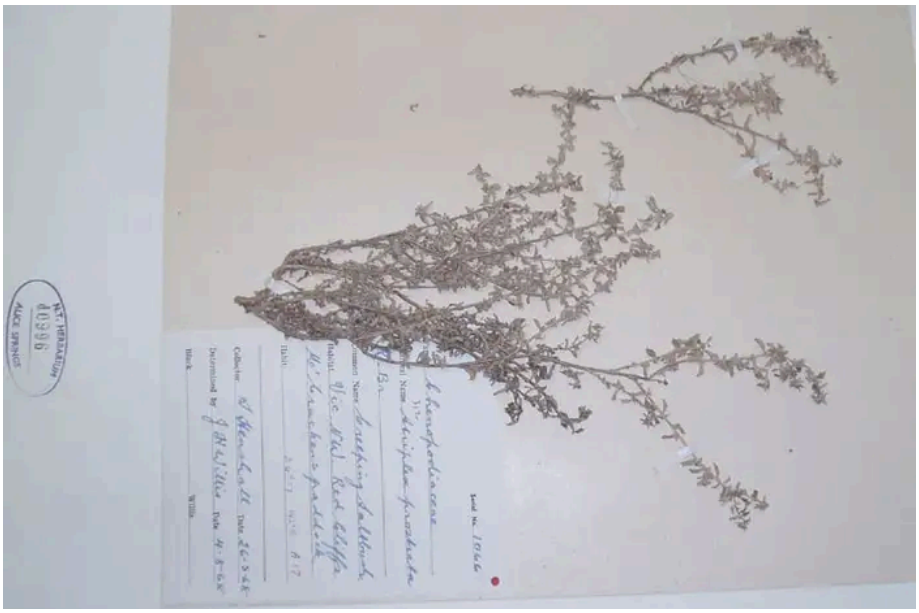
Cultivation

Plants can be grown by seed or cuttings.

NOTES

There are about 100-300 Atriplex species. They have also been put in the family Chenopodiaceae.

PICTURES



Credit: Food Plants International (Bruce French)



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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a349afcb-7d2d-43a5-a5ec-ec95274b60ae