PLANT FACT SHEET

Nigella arvensis subsp. glauca (Boiss.) A. Terracc.

GENUS *Nigella* **FAMILY** Ranunculaceae

EDIBLE PARTS AND USES

Edible parts: Seeds, Flowers

The flowers are used for tea drinks.

DESCRIPTION

A herb. It grows each year from seed.

HABITAT

It is a temperate plant.

REFERENCES

Ertug, F., 2000, An Ethnobotanical Study in Central Anatolia (Turkey). Economic Botany Vol. 54. No. 2. pp. 155-182

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement

Motti, R., et al, 2022, Edible Flowers Used in Some Countries of the Mediterranean Basin: An Ethnobotanical Overview. Plants. 2022, 11, 3272

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a3808db6-bfff-41bc-9aa2-b311f741d293