PLANT FACT SHEET

Stachytarpheta indica (L.) Vahl

GENUS *Stachytarpheta* **FAMILY** Verbenaceae

COMMON NAMES False verbena

EDIBLE PARTS AND USES

Edible parts: Leaves, Leaves - tea

DESCRIPTION

An erect annual herb. It is like a small shrub. It grows 80 cm high. It can branch just below the flower. The stem is rounded or 4 sided. The leaves are opposite. The leaves are papery and narrowly oval. They are 4-9 cm long by 1-2 cm wide. The leaves have teeth around the edge. The flowers are on a loose spike 25-30 cm long. The flowers are small and purple.

HABITAT

A tropical plant. It grows in many tropical places. It grows along the edges of rivers and small lakes. It can be in flooded rice fields.

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