PLANT FACT SHEET

Ptisana fraxinea (Sm.) Murdock

GENUS *Ptisana* **FAMILY** Marattiaceae

COMMON NAMES Para

EDIBLE PARTS AND USES

Edible parts: Fern starch

The starch in the swollen stems has been used as food.

DESCRIPTION

A large fern. The fronds come out from the base. They are 2 m long. The leaflets are sword shaped and 10-12 cm long by 1-1.5 cm wide. The midribs are brown and have whitish stripes.

HABITAT

A tropical plant. In Swaziland if occurs in the high veld only. In Nigeria it occurs at 1,400-1,600 m above sea level. It grows along stream banks.

NOTES

There are about 40 Marattia species. They occur in the tropics and subtropics.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a3bd8440-bb89-4744-8c5e-3e9435b21374