PLANT FACT SHEET

Nepeta racemosa Lam.

GENUS *Nepeta* **FAMILY** Lamiaceae

COMMON NAMES Persian catmint

EDIBLE PARTS AND USES

Edible parts: Leaves - tea, Flowers - tea

DESCRIPTION

A herb. It keeps growing from year to year. It is small plant. It grows up to 50 cm high. The leaves are small and grey. The flowers are blue.

HABITAT

It is a temperate plant. It can tolerate frost. In Hobart BG.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Bussman, R. W., et al, 2016, A comparative ethnobotany of Khevsureti, Samtskhe-Javakheti, Tusheti, Svaneti, and Racha-Lechkhumi, Republic of Georgia (Sakartvelo), Caucasus. Journal of Ethnobiology and Ethnomedicine (2016) 12:4

Bussman, R. W. et al, 2017, Ethnobotany of Samtskhe-Javakheti, Sakartvelo (Republic of Georgia), Caucasus. Indian Journal of Traditional Knowledge Vol. 16(1) pp 7-24 (As Nepeta mussinii)

Bussman, R. W., et al, 2021, Unity in diversity—food plants and fungi of Sakartvelo (Republic of Georgia), Caucasus. Journal of Ethnobiology and Ethnomedicine (2021) 17:72 p 9 (As Nepeta mussinii)

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement

http://www.debaggioherbs.com/search.html?q=Catmint+Nepeta+mussinii+

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a3bdff76-ae22-4e97-9a4d-f4aff655aa51