PLANT FACT SHEET

Mesembryanthemum forsskahlei Hochst. ex Boiss.

GENUS *Mesembryanthemum* **FAMILY** Aizoaceae

COMMON NAMES Forskal fig marigold

EDIBLE PARTS AND USES

Edible parts: Seeds, Fruit

The capsules are soaked and dried and the seeds separated for making bread.

DESCRIPTION

A chunky looking succulent plant. It is an annual plant. It grows 20 cm high. The leaves and branches are light green, often with a reddish tinge. The leaves are opposite each other. The leaves are fattened and almost cylinder shaped. The stems and leaves have fattened processes that shine in the sunlight. There is a green layer around the flower protecting it in bud and this is cone shaped. The flowers are pale yellow with stamens that are modified.

HABITAT

It is a Mediterranean plant. In Bahrain it grows in sandy soils in desert areas. It can grow in arid places.

NOTES

Also put in the family Mesembryanthemaceae.

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