PLANT FACT SHEET

Kadsura oblongifolia Merr.

GENUS *Kadsura* **FAMILY** Schisandraceae

COMMON NAMES Leng fan teng

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A climber. The leaf blade is oblong and 6-10 cm long by 2-3 cm wide. The base is wedge shaped. The fruit are red and 4-8 cm long by 4-5 cm wide. There are 1 or 2 seeds in each fruit section.

HABITAT

In southern China it grows in forests over dry soils. It grows between 100-900 m altitude.

PRODUCTION

Harvesting and Seed Production

In southern China plants flower in July to November and fruit October to November.

REFERENCES

Altschul, S.V.R., 1973, Drugs and Foods from Little-known Plants. Notes in Harvard University Herbaria. Harvard Univ. Press. Massachusetts. no. 1018

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Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a3e525c3-95c0-4bbf-a7c9-965cdea5783b