PLANT FACT SHEET

# *Carduus nutans subsp. leiophyllus* (Petrovic) Stoj. & Stef.

**GENUS** *Carduus* **FAMILY** Asteraceae

## EDIBLE PARTS AND USES

**Edible parts:** Flower, Stem

The young stems are peeled and eaten.

## DESCRIPTION

A thistle herb.

## HABITAT

It is a temperate plant.

## REFERENCES


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Malezas Comestibles del Cono Sur, INTA, 2009, Buernos Aires (As Carduus thoermeri)

Senkardes, I., et al, 2019, An Ethnobotanical Analysis on Wild Edible Plants of the Turkish Asteraceae Taxa. Agric. conspec. sci. Vol. 84 No. 1 (17-28)



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