PLANT FACT SHEET

# *Sida glabra* Mill.

**GENUS** *Sida* **FAMILY** Malvaceae

## EDIBLE PARTS AND USES

**Edible parts:** Leaves

## DESCRIPTION

A herb.

## HABITAT

It is a tropical plant. In Colombia it grows between 30-800 m above sea level.

## REFERENCES

Diaz-Betancourt, M., et al, 1999, Weeds as a future source for human consumption. Rev. Biol. Trop. 47(3):329-338

**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/a4346f7a-ef72-403d-9040-508666db34ec