PLANT FACT SHEET

Actinidia callosa var. callosa Hayata

GENUS *Actinidia* **FAMILY** Actinidiaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit can be eaten raw or cooked. The seeds can also be eaten.

DESCRIPTION

A climber. It loses its leaves during the year. It can grow 5 m tall. Plants are separately male and female. Fruit are 2.5-3.5 cm long and contain many small seeds. It contains small seeds.

HABITAT

It grows naturally in forests at 1160 - 2260 metres altitude in Taiwan. It prefers a loamy neutral soil. Although it can grow in light shade it fruits best in full sun. During the dormant stage it can tolerate temperatures down to -30°C. Young growth is damaged by frosts. It grows in thickets and forests. It grows between 1,160-2,260 m above sea level.

PRODUCTION

Cultivation

Male and female plants must be grown if seed is required. Plants can be grown from seed. Fresh seed germinates in 2 - 3 months at 10°C and stored seed can take longer. Seedlings should be transplanted out when 30 cm tall and after the last frosts. (Most seedlings are male.) Plants can be grown from cuttings.

NOTES

There are 55 Actinidia species. The Actinidiaceae are a mainly tropical family.

REFERENCES

Bull. Soc. Bot. France 52(Mem. 4):20. 1906 (As Actinidia callosa var. formosana)

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/ (As Actinidia arisanensis)

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/ (As Actinidia callosa var. formosana)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a43f18da-f0fe-455e-917d-152cd1cd9752