PLANT FACT SHEET

Rubus acuminatus Smith

GENUS *Rubus* **FAMILY** Rosaceae

COMMON NAMES Phurse kanda, Rato ainselu

EDIBLE PARTS AND USES

Edible parts: Fruit

The ripe fruit are eaten raw.

DESCRIPTION

A shrub. It climbs without tendrils. The leaves have stalks. They are oval to sword shaped. They taper to the tip. They have teeth around the edge and the base is rounded. The flowers are white. They occur in the axils of leaves as well as at the ends of branches. They are in loose, open flower clusters. The fruit are round. They are bright red.

HABITAT

A subtropical plant. They grow throughout Nepal from 1000-2300 m altitude. They grow in moist, shady places in secondary forest. It grows in bamboo forests between 1,000-3,000 m above sea level. In Yunnan.

PRODUCTION

Cultivation

Plants are grown from root offshoots or seeds.

NOTES

There are about 700 Rubus species.

REFERENCES

Altschul, S.V.R., 1973, Drugs and Foods from Little-known Plants. Notes in Harvard University Herbaria. Harvard Univ. Press. Massachusetts. no. 1429

Aryal, K. P. et al, 2009, Uncultivated Plants and Livehood Support - A case study from the Chepang people of Nepal. Ethnobotany Research and Applications. 7:409-422

Bajracharya, D., 1980, Nutritive Values of Nepalese Edible Wild Fruits. Z. Lebensm. Unters. Forsch. 171: 363-366

Dangol, D. R. et al, 2017, Wild Edible Plants in Nepal. Proceedings of 2nd National Workshop on CUAOGR, 2017.

Flora of China @ efloras.org Volume 9

Gautam, R. S., et al, 2020, Wild Edible Fruits of Nepal. Int. J. Appl. Sci. Biotechnol. Vol 8(3): 289-304

Ghimeray, A. K., Lamsal, K., et al, 2010, Wild edible angiospermic plants of the Illam Hills (Eastern Nepal) and their mode of use by local community. Korean J. Pl. Taxon. 40(1)

Manandhar, N.P., 2002, Plants and People of Nepal. Timber Press. Portland, Oregon. p 403

Mukhia, P.K., et al, 2013, Wild plants as Non Wood Forest Products used by the rural community of Dagana, a southern foothill district of Bhutan, SAARC Journal, 27 pages

A. Rees, Cycl. 30: Rubus no. 43. 1815

Upreti, K., et al, 2010, Diversity and Distribution of Wild Edible Fruit Plants of Uttarakhand. Bioversity Potentials of the Himalaya. p 185

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a45de1a2-63d5-4b32-9eee-9de9d2e8e82e