PLANT FACT SHEET

Edibility uncertain

It has not been confirmed that this plant is safe to eat. Do not eat it on the strength of this fact sheet alone.

Carex pensylvanica Lam.

GENUS *Carex* **FAMILY** Cyperaceae

DESCRIPTION

A sedge. It has spreading underground stems or rhizomes. They are reddish brown. The stems are 10-45 cm long. The leaves are 0.5-3.6 mm wide.

HABITAT

It is a temperate plant. It grows in hardiness zones 4-8.

REFERENCES

Jackes, D. A., Edible Forest Gardens

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a4e20bdb-0cf0-4afb-aac2-9b7e5633520b