PLANT FACT SHEET

Adenophora pereskiifolia (Fischer ex Roemer et Schultes) G. Don

GENUS *Adenophora* **FAMILY** Campanulaceae

COMMON NAMES Bluebell

EDIBLE PARTS AND USES

Edible parts: Root, Leaves

The root is boiled in 2 changes of water and then eaten. The root and leaves are cooked and eaten.

DESCRIPTION

A herb. It keeps growing from year to year. The roots are carrot shaped and 6-9 cm long by 2 cm wide. The stem is single and 2 m tall. The leaves on the stem are in rings of 3-5. They do not have leaf stalks and are 4-16 cm long by 6-8 cm wide. The flowers are in pyramid shaped groups. They are funnel shaped and blue.

HABITAT

It is a temperate plant. It grows in northern China. It grows on the edges of forests and grassy places below 1,000 m above sea level. It grows best in a light rich slightly alkaline soil. It needs a sunny position. It does not like having its roots disturbed.

PRODUCTION

Cultivation

Plants can be grown from seed. Seeds germinate in 1-3 months at 10°C. They can be transplanted or sown direct. Plants can also be grown from cuttings.

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PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a50820c9-0868-4a3f-805e-dd3f918cdffb