PLANT FACT SHEET

Alaria crassifolia Kjellman

GENUS *Alaria* **FAMILY** Alariaceae

COMMON NAMES Chigaiso

EDIBLE PARTS AND USES

Edible parts: Algae, Fronds, Seaweed

The whole plant is cooked.

DESCRIPTION

A seaweed. It is purplish-brown.

HABITAT

It grows on rocks below the tide level.

NOTES

There are 13 Alaria species.

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a53d4b56-0752-4941-9813-07ca65cd40bd