PLANT FACT SHEET

# *Brassaiopsis hainla* (Buch.-Ham.) Seem.

**GENUS** *Brassaiopsis* **FAMILY** Araliaceae

## EDIBLE PARTS AND USES

**Edible parts:** Leaves, Fruit, Seed

The leaves are cooked as a vegetable.
The young fruit are cooked as a vegetable.

## DESCRIPTION

A tree. It grows 15 m tall. The branches have prickles. The leaves are simple and have 5-7 lobes.

## HABITAT

It is a temperate plant.

## REFERENCES


Doni, T., & Gajurel P. R., 2020, Diversity of wild edible plants traditionally used by the Galo tribe of Indian Eastern Himalayan state of Arunachal Pradesh. Plant Science Today. 2020;7(4):523–533.

Meitei, L. R., et al, 2022, An ethnobotanical study on the wild edible plants used by forest dwellers in Yangoupokpi Lokchao Wildlife Sanctuary, Manipur, India. Ethnobotany Research and Application 23:15



**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International



**LICENCE** CC BY-NC-SA 3.0


**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/a56a376a-6822-4963-8b59-2134c0be6c9f