PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Euphorbia amygdaloides L.

GENUS *Euphorbia* **FAMILY** Euphorbiaceae

COMMON NAMES Wood spurge

EDIBLE PARTS AND USES

Edible parts: Medicine

Caution: All Euphorbias or spurges have irritating sap and many have chemicals that can cause cancer.

DESCRIPTION

An evergreen perennial plant. It grows 50-80 cm high and spreads 60-100 cm wide. The stems are soft. The leaves are spoon shaped. They are 8 cm long. They often have purple tints. The flowers are in yellow-green flower heads.

HABITAT

It is a temperate plant. It does best in light shade and with moist soils. It is frost hardy. It suits hardiness zones 7-10.

PRODUCTION

Cultivation

Plants can be grown from seed or by cuttings.

NOTES

There are about 1800-2000 Euphorbia species. Most Euphorbias have sap which irritates the skin. There are 200 Euphorbia in tropical America. It has anticancer properties.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a57d1284-1b4e-47f3-8c41-e06875909ffc