PLANT FACT SHEET

Polygonum auriculatum Meissn.

GENUS *Polygonum* **FAMILY** Polygonaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves

The young leaves are cooked and eaten.

DESCRIPTION

A herb or shrub. It has a woody base and puts up soft shoots. It can be scrambling. The leaves are 8-15 cm long. They are oval. There can be hairs on the veins underneath. The flowers are white or pink. The fruit are small 3 sided nutlets.

HABITAT

It is a subtropical plant.

NOTES

Polygonum auriculatum Makino and Polygonum auriculatum Meisner are different plants. Polygonum auriculatum Makino is now Polygonum praetermissum Hook.f.;

REFERENCES

Murtem, G. & Chaudhrey, P., 2016, An ethnobotanical note on wild edible plants of Upper Eastern Himalaya, India. Brazilian Journal of Biological Sciences, 2016, v. 3, no. 5, p. 63-81

Patiri, B. & Borah, A., 2007, Wild Edible Plants of Assam. Geethaki Publishers. p 114 (As Polygonum auriculatum)

Sarma, H., et al, 2010, Updated Estimates of Wild Edible and Threatened Plants of Assam: A Meta-analysis. International Journal of Botany 6(4): 414-423 (As Polygonum auriculatum)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a58a7a90-48bc-491c-822a-5b6e6d8ee4ed