PLANT FACT SHEET

Justicia matammensis (Schweinf.) Oliv.

GENUS *Justicia* **FAMILY** Acanthaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

DESCRIPTION

A herb that grows each year from seed. It can grow upright or lie along the ground. It grows 50 cm long. The stems are hairy. The leaves are oval and widest below the middle. They are 3-9 cm long by 1-4 cm wide.

HABITAT

It is a tropical plant.

REFERENCES

Mutie, F. M., et al, 2023, Important Medicinal and Food Taxa (Orders and Families) in Kenya, Based on Three Quantitative Approaches. Plants 2023, 12, 1145

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a5a3dfc3-0add-4804-aee1-450baeebbf2b