PLANT FACT SHEET

Zingiber chrysostachys Ridley

GENUS *Zingiber* **FAMILY** Zingiberaceae

COMMON NAMES Lempui

EDIBLE PARTS AND USES

Edible parts: Rhizomes, Root

The rhizomes can be used as a substitute for ginger.

DESCRIPTION

A ginger family herb which keeps growing from year to year. It has rhizomes or underground stems. It has leafy shoots 60-100 cm tall. The leaves are sword shaped and 12-17 cm long by 4-5.5 cm wide. The flowers are tightly clustered on a flower stalk which arises separately from the underground stem. This is 7-10 cm long. The flower spike is 10 cm long by 4 cm wide. It has bright yellow bracts.

HABITAT

A tropical plant. It grows in evergreen forest and dry bamboo forest on limestone hills. It grows between 200-1400 m altitude.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/a5b4e5f6-3f6c-4d07-a5d0-da9e9ce4a49b